



2010 USATF Region 7 Junior Olympic Track & Field Championships



Thursday- Sunday, July 8-11, 2010
IUPUI Michael A. Carroll Stadium, Indianapolis, IN

AGE DIVISIONS & ELIGIBILITY REQUIREMENTS:

Age Divisions
Sub Bantam (Born 2002 and later)
Bantam (born 2000- 2001)
Midget (born 1998–1999)
Youth (born 1996–1997)
Intermediate (born 1994–1995)
Young (born 1992-1993)
* athletes born in 1991 are also eligible if they do not turn 19 on or before 8/1/2010



Individuals: Only U.S. citizens, aliens living in the United States, and foreign exchange students are eligible to compete in these Championships. See the USATF Rules for more information and exceptions. A competitor must compete in his/her age division only. There will be no "moving up" in any events, including relays, unless you are in Sub-Bantam. Competitors in the Sub-Bantam, Bantam, and Midget divisions may compete in a maximum of three (3) events, including relays. Competitors in the Youth, Intermediate, and Young divisions may compete in a maximum of four (4) events, including relays. Combined events are not included in the event count. All athletes must be 2010 members of USATF in good standing.

Relay Teams: Only registered 2010 USATF member clubs may enter a relay team(s). All athletes representing the club must be affiliated with and members of that club as part of their USATF membership. Visit www.usatf.org and select "Products/Services" to become a member.

ENTRY PROCESS: All entries will be paid online through Coach O at the time of registration.

Individual Entries: \$ 7.00 per event
Relay Entries: \$28.00 per relay team
Decathlon/Heptathlon: \$21.00 per event
Triathlon/Pentathlon: \$14.00 per event

Registration: Online Entries open 6/20/2010 and close 7/1/2010 at www.coacho.com. No paper entry forms or relay forms are needed.
No onsite entries.

Membership Chair: Danelle Readinger
Address: 112 Adams Blvd Terre Haute, IN 47803
Email: dreadinger@yahoo.com
For questions, contact at: 812-535-5165

All entries must be made using www.coacho.org. Proof of Birth (copy of birth certificate, passport, certified baptismal record, driver's license, or U.S. government identification) required if date of birth has not been validated. It is always important to bring a copy to the meet. ONLY Those who have qualified for the Regional championships will be able to compete.

Send age verification documents to:

Danelle Readinger (Address and contact information listed above)

AWARDS: USATF Junior Olympic medals will be awarded to the top three (3) individuals and the top three (3) relay teams in each event of each age division.

ADVANCEMENTS: The top 3 athletes at the Region 7 Championships will qualify for the National Championships. Information is available at: <http://www.usatf.org/events/2010/USATFJuniorOlympicTFChampionships/>.

EVENT CHECK-IN: All Field athletes will report to designated field event on 1st call. All Track athletes will report to check-in tent at 1st call.

COMPETITION BIB NUMBERS: All competitors must wear their assigned bib numbers during competition and on the front on their jerseys only. If an athlete loses the bib number, a replacement can be purchased for a fee of \$ 10.00. Bib numbers will be distributed to athlete at the packet pick-up area.

PACKET PICK-UP: Will be open Thurs and Fri. from 7am to 11am, Sat. and Sun. from 7am to 3pm (or the conclusion of the day events).

EVENT RESULTS: During competition, event results will be posted at www.inusatf.org within 24 hours of the completion of the competition.

ALL TENTS WILL NEED TO BE SET UP ON THE BACK STRAIGHT OF THE TRACK IN THE UPPER SECTIONS.

PROTESTS: There will be a \$100.00 fee for all protests. Protests must be submitted to the Protest Referee at once and not later than 30 minutes after a result has been announced. The protest fee will be refunded if the protest is upheld.

DIRECTIONS & PARKING: IUPUI Athletic Track and Field • Michael A. Carroll Track & Soccer Stadium, 901 West New York Street, Indianapolis, IN 46202. Hourly parking at Vermont Street garage on July 8 only. Parking in the Sports Complex Garage is \$4 per day. <http://www.iupui.edu/map/>.

CONTACT:

Name: Danelle Readinger
Phone Number: 812-535-5165
E-mail: dreadinger@yahoo.com

Many Thanks to Indiana Storm (host club), and Indiana Association USATF Youth Committee!

SCHEDULE:

Announcer will announce 1st, 2nd, and 3rd calls. Please report to check in tent, and field event area on 1st call.

Thursday, July 8th – 8:00am Start

8:00am Heptathlon 100H, HJ, SP, 200 (IG, YW)
8:30am Pentathlon 100H, SP, HJ, LJ, 800 YG 1500 YB (YG, YB)
9:00am Decathlon 100, LJ, SP, HJ, 400 (IB, YM)

Friday, July 9th – 8:00am Start

8:00am Decathlon 110H, DT, PV, JT, 1500 (IB, YM)
8:30am Pentathlon 80H, SP, HJ, LJ, 800 MG, 1500 MB (MG, MB)
9:00am Heptathlon LJ, JT, 800 IG, YW (IG, YW)
9:30am Triathlon SP, HJ, 200 BG, 400BB (BG, BB)

Saturday, July 10th – 8:00am

Track	8:00am	Steeplechase	Finals	(IG, YW, IB, YM)
		4x100	Finals	(All: Youngest to Oldest)
		110/100/80H	Prelims	(YM, IB, YW, IG, YB, YG, MB, MG)
		5000m	Final	(YM)
		3000m	Final	(MG, MB, YG, IG, YW, YB, IB)
		80/100/110H	Final	(MG, MB, YG, YB, IG, YW, IB, YM)
		400m	Final	(All: Youngest to Oldest)
		200/400H	Final	(200H: YG, YB 400H: IG, YW, IB, YM)
		1500RW	Final	(BG, BB, MG, MB)
		3000RW	Final	(YG, YB, IG, IB, YW, YM)
		4x800	Final	(MG, MB, YG, YB, IG, IB, YW, YM)
Field	8:00am	LJ		(MG, MB, BG, BB, SBG, SBB)
		TJ		(YG, YB, IG, IB, YW, YM)
		SP		(BB, MB, YB, IB, YM)
		DT		(MG, YG, IG, YW)
		JT		Mini: (BG, BB, MG, MB) Jav: (YG, YB, IG, IB, YW, YM)
		HJ		(BG, MG, YG, IG, YW)
		PV		(All : YG, IG, YW, YB, IB, YM)

Sunday, July 11th – 8:00am

Track	8:00am	100m	Prelims	(All: Youngest to Oldest)
		1500m	Finals	(All: Youngest to Oldest)
		100m	Finals	(All)
		50m	Exhibition	5 and under, no registration required: fun run
		200m	Prelims	(All: Youngest to Oldest)
		800m	Finals	(All: Youngest to Oldest)
		200m	Finals	(All: Youngest to Oldest)
		4x400m	Finals	Youngest to Oldest
Field	7:00am	HT		(YW, YM)
	8:00am	LJ		(YG, YB, IG, IB, YW, YM)
		SP		(BG, MG, YG, IG, YW)
		DT		(MG, YB, IB, YM)
		HJ		(BB, MG, YB, IB, YB)